



DETROIT NATIVE SUN

Enlightening the Community

Don't be deterred

By Evelyn M. Bingham
SUN COLUMNIST & POET



How many of us have had our hopes and dreams dashed, discouraged, and destroyed by the lack of encouragement and assistance, especially as were growing up. Quite a few of us, I'm sure.

As you continue to pursue your goals and dreams, keep the *other* components of success in the forefront. In addition to *Hope*, include those of *Faith*, and *Love and Work!*

Don't be too afraid or apprehensive to try out an idea or a thought. *It takes* a good idea to help motivate *forward action*, with *invested interests*, sufficient to accomplish the goal!

To most people, the *thought* of failing or the *actuality* of it happening, is extremely disappointing and has devastating effects. When failure, *becomes a part* of your life, it is difficult to see *how* there can be any re-

covery or turn around. When your focus, is temporarily clouded or obscured, it makes the possibility of winning or achieving a goal inconceivable.

Achieving at *anything*, no matter *how* elusive or impossible the goal, *can be* achieved to personal satisfaction, through strong determined perseverance, listening to wise counsel, not being afraid to put shoulder to the wheel and forging straight ahead with your eyes on the prize!! Remember, that the dream or goal is yours, that it must be nurtured and protected by *you*, and that *you* are ultimately responsible for its success, and nothing reaches a successful completion or conclusion, without so called failures along the journey or road. Success, could be *failure on fire*, or, Success, could be *failure turned inside out*, or the dark clouds *silver lining*, where once *there was doubt!!*

Failures and disappointments and *set backs*, are all parts of the lessons we *must learn* to conquer, as we matriculate through the curriculums in *The School of Life*. Let us all press forward to *our personal* achievements of success, and try *never*, to be deterred!

Doing it for yourself

By Evelyn M. Bingham

When your business work days are so long
And the hours, are far *too* few
When you feel so tired and discouraged
Pause momentarily, and try to remember, you're doing this for you!

When no one seems to appreciate
Why you push on, and deprive yourself
You're trying to accomplish a personal goal
And thereby assure and increase your wealth.

But no one else, is *supposed* to understand
What drives *you*, to do what you do
For your burning desire to persevere
Sometimes, is puzzling to *you*, too!

Some people are born with a competitive nature
And desire to have a business, and to be an entrepreneur
So for *them*, any trial, problem or set back
Is *only* another challenge they must endure!

Just as our parents tried to lay the steps to a foundation
For us to follow, and thereby build upon
We, in turn, are *compelled* to *build* for future, family *progress*
So that steps *once taken*, will *not be repeated*, and the legacy will continue on!

So, the next time you're having a pity party
And feeling that your life is on hold, or temporarily on a shelf
Be sure to invest in your *real wealth*, which is your *health*
And remember, you're *doing it for yourself!*
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Cousin worry

By Evangelist Barbara Colbert
SUN COLUMNIST



Did you know, that everyone has a close, or at best, a distant, relative named Worry? Now, if Worry is a close relative, then you better be doing a whole lot of praying. However, if Worry is a distant relative, then you have probably painfully learned, that although he will show up on your doorstep from time to time, he seriously cannot be allowed to stay.

Now, for identification purposes, I'm going to call Worry, "Cousin Worry", and because it can be so incredibly dominating, I'm going to refer to Worry in the masculine (no offense to the male gender, I'm just saying . . .)

Anyway, some of us have a Cousin Worry that actually lives with us every day of our lives. He's comfortable there, has taken up residence, and has become an integral part of the family. Then some have a Cousin Worry who is an opportunist that shows up when the circumstances make a way, and stays as long as the host allows. For others, Cousin Worry will slip in unexpectedly, generally latched on to some upset or emergency, and will attempt to instantly overwhelm the host with full force. This kind of Cousin Worry knows, only because he's been there before, that his stay is short and his time is limited. The host knows him well and loathes his presence. He knows he will be quickly ousted. This is the best fate

for Cousin Worry, short-lived and sent back to whence he came.

Now, when Cousin Worry shows up, he brings with him several of his shady parasitic friends. They're traveling companions named Anxiety, Fear, Panic and Trepidation. Then, if he is allowed to stay long enough, another good friend comes along named, Stress. Stress has a wide variety of antagonistic and sickening friends, named Depression, Hypertension, Insomnia, Migraines, just to name a few. These invasive allies will overtake the host like leeches, some will set up roots and even become a permanent member of the family, for generations to come. Cousin Worry and company can become so controlling, that he will paralyze his host to the point of utter hopelessness, rendering him unable to live or even survive.

Not only is Cousin Worry the ultimate hinderer, he is also the proverbial Killjoy. His agenda is to extinguish faith in God, and reinstate the sting of death. Cousin Worry challenges our faith, impedes our relationship with God, flat-out steals our joy. He is an enemy of God, and regarded as sin, absolutely forbidden in the lives of those who love Him.

Howbeit, everyone has a Cousin Worry and he is here to stay. He is related to all humanity in every walk of life, from the poor and impoverished, to the rich and famous. He's no respecter of persons, no matter what the station in life, he will show up to kill, steal and destroy. Old Cousin Worry is ageless, dating back as far as the Garden of Eden, making his debut when he and his companion, Greed, helped usher in the fall of man.

Okay, that being said, examined and hopefully agreed, all is not lost. If you identify a Cousin Worry residing in your life, or a Cousin Worry that keeps show-

Embracing the Goddess Within: We are powerful creators

By Addonna AKA Goddess Godis
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What we see in ourselves and in the world is not all there is. We are not limited to only what we see with our physical eyes, but through the opening of our spiritual eyes. Through fasting, prayer, meditation and oneness with God, we can see in the spirit the possibilities of what we can create in the world, who we truly are and who we came in to this world to ultimately become. We are powerful creators. We are co-creators with God.

We are daughters of God. We were created in the mind of God. We are individualized feminine expressions of God.

We have come to this planet for our spirit to grow and evolve through our human experiences to evolve ourselves as God's creation and as creators. Through the use and power of our Imagination and vision, old things can be made new again. We can create a world within us and around us were peace, love and prosperity prevails.

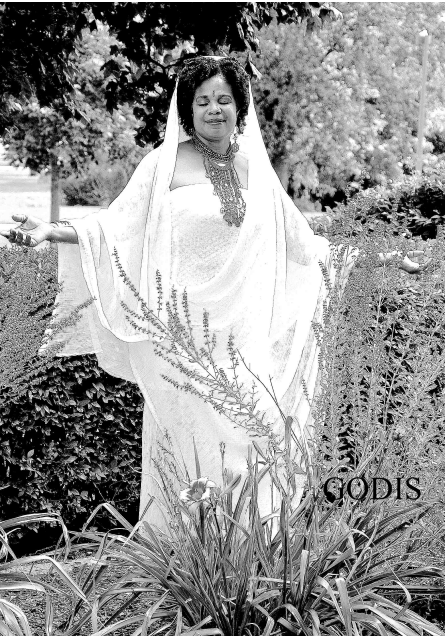
All things seen came out of the unseen. The world that we now live in was imagined, visualized and created by those who came before us, while an even greater reality and truth lies dormant inside us.

So let's take 10-20 minutes a day to imagine and visualize those things in our spirit that God is showing us as if they already are. As we do this, we are aligning ourselves with the power and will of God.

We are planting, nurturing, watering and giving life to the vision - the seeds that God has implanted within us. Through our persistence, patience, faith and obedience to the guidance of the Holy Spirit these things that God is showing us will surely manifest.

Rise Goddess, rise. Your light and your love are needed. RISE

GODIS is a spiritual artist whose mission is to use her gifts as a garment designer, photographer, writer and speaker to celebrate, document, facilitate and inspire the emergence of the GODDESS that lives within all women. GODIS is the author of the BOOK OF WISDOM a Book of Self Empowering Affirmations and WE ARE ENERGY, which talks about the Power of your Spiritual Energy and how it affects you and the world around you. Email GODIS at Goddessgodis@gmail.com



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