

DETROIT NATIVE SUN

The season is now to value our boys

By Calvin T. Mann
SUN COLUMNIST



As we enter the start of a new year, we can choose to grow our boys differently. 2021 has shown us that we must equip our boys with new tools to manage their mental, emotional and/or physical health. Did you know that there are more boys born than girls in our communities? Did

you also know that our boys seem to lose value as they grow into young men? The process should look like this: boy becomes man, then man becomes husband, then husband becomes Father. Boys should have more value as they become men; not the other way around. So, I'll take you down this road as to how we can change this narrative.

Boys need discipline, teaching and reading skills. They also need good examples of men with integrity to really grow. Teach as much as possible at this stage of life. Watch out for and protect the images they see and identities they learn. More importantly, we must do everything we can to keep Fathers as close as possible! In fact, Harper-Hutzel Hospital understands this concept. At birth, they literally have the Father remove his shirt and hands the child to him! They ask him to place the child to his skin by his heart. They understand that connection is so important at this early stage of life. Stats also show infant mortality decreases when the father and mother have a healthy relationship during the child bearing.

The early stages of our child's life may just, in fact, be the toughest part of our life. We must mature, provide, learn, listen, and then find love without any idea as to what we must do. Boys are watching what is happening to men and they are refusing to be Fathers. Boys are affected by a quite a few things that we ignore. As a result, death and destruction is happening to them. Why are boys living life without the best role models? Every statistic points out that the best life for children is having their biological Father

in the house teaching and being the best example. Healthy living for males includes proper diet and play. Boys will naturally build testosterone that ultimately impacts their lives. When Fathers are involved early in life, he shapes the language and reading of the child. The voice of a child's father during story-telling is huge. The media shows us that as we look at schools we can see what is happening to boys. Here are a few tools we can use to help our boys. First, we can teach every child to read by the age of four. Fathers must be a part of it. There are two long term benefits; discipline and healthy outcomes in school.

Kids need both parents. Without both parents, especially the father, the results can be very destructive on our children, particularly boys. Raising children together assists to builds healthy children. Seeking counseling, listening to each other, and having a plan for the family especially, the children, leaves a legacy for generations. Our generations are anchored by the way we raise boys today. Where and how boys spend their time is also the disciple and teaching he receives. As we consider gifts for the holiday seasons and expectations for them in the coming year, let us make sure we keep age appropriate lessons, conversations, images, and activities in front of them. Let us find mentors and programs that empower resilience, responsibility, and a positive identity. Let us continue to provide mental health resources and physical checkups to ensure his mental, physical and emotional health. This is truly the season for boys to reset and restore positive pathways to a healthy future. Finally, please continue to fight for our boys! We can restore healthy men by developing healthy boys in this season. Join us in the New Year as we begin our EMIY Future Leaders Spring mentoring program. Seek one-on-one mentorship as a holiday and/or birthday gift. Reach out to us and sign up at emiworld.com or call us at 313-638-EMIY.

Calvin T. Mann, *The National Encourager*, can be reached for speaking engagements and interviews at info@emiworld.com visit www.emiworld.com. Stay tuned for the release of two new books coming June 1, on fatherhood!

Lessons from the Journey: The 'write way' to change your circumstance

By Heather Hetheru,
SUN COLUMNIST



Good day good people!
Before we begin, allow me to share how important literacy is to our circumstances; as individuals, families and community. As I refer to literacy, I am speaking to our ability and the (known and unknown) value of reading, writing and comprehension. With this knowledge we can break cycles of misinformation, missteps and missed opportunities. As an adult literacy tutor and facilitator in youth and adult programs, I have seen the results up-close and personal. Low literacy is not a judgment on a person's level of "due" respect or value and it is not a crime to be on the lower levels of literacy. However, it is an investment that has huge pay-offs to reverse the course. For adults living in Metro Detroit, we all may have someone in our circle whether known to us or unknown facing issues of low literacy. Reading and writing are both physical and spiritual tools that offer the promise to change your life!

Backstory:

Warning! Remove judgment and proceed. Nationally, according Detroit Free Press, an early 2015 study showed that 1 in every 6 adults has low literacy. In Michigan, the rates increase to 1 in every 3 adults; low literacy in the City of Detroit is suggested to be even higher! Why aren't more of us doing something about it? Why is THIS a problem of epic proportions? How can we recover? There are many questions but there are also many solutions! To find the solution that is right for you, you must be aware of the clues and cues as to how we got here... and it will ultimately reveal the WRITE way to recover which is always WRITE in front of US!

Intention of Action:

If we consciously increased the amount of time we spent reading and then increased the amount of writing that we did, we could greatly impact literacy. If we put just half as much attention into reading as we do marijuana use, tattoos, hair weave, eyelashes, video games, surfing social media, waiting in long fast food lines, obsessing over the latest Netflix or

YouTube craze, we could have a clear path to our own solutions. But since much of our time is spent in these activities, let's look at how we can use them to increase our literacy skills. How about connecting marijuana use to reading a chapter in a book or read an article on health; or while waiting for the ink on that tattoo to dry or that order to be prepared; Google those words you heard in conversations or on your favorite program but did not know what they meant or how to spell it. There are moments where a simple shift to value the time you have.... and fill it with more value.... can make a huge difference in your life!

Consideration for Solution:

Our eyes are like the lens of a camera/video camera. It can interchange from pictures to video based on what important triggers register and what we decide we want to know (consciously or subconsciously). Our brain has special spaces where it memorizes, records and stores everything we see and most of what we hear. Reading and writing is a practical function of our brains. Once we learn the basic fundamentals of sounds and shapes (called letters and words) and apply the shared meanings to them, we have already set our course for the increase! The deeper motivation should be the spiritual principles behind learning the WRITE Way.

WRITING is a form of manifesting. The combination of shapes form symbols that the conscious and subconscious mind recognizes. It then sends signals, in the form of vibrations and frequencies, into our shared space seeking the "spark" that matches, stirs and/or fulfills the promise that shifts our life and circumstance! Our WRITE way is the WORD... manifested and is the ultimate promise when we apply it! So, when we speak to the statistics that "1 in every 6 adults experience low literacy", what we are really saying is that 1 in every 6 adults across the nation is not using this manifesting tool and the promise remains hidden in what we call literacy.

Resources:

Share my "lesson for the journey" through one of my journey books (Amazon), view YouTube videos, My Secret Chamber podcasts, Facebook, and/or by visiting yourinspiredjourney.com. Heather Hetheru is a Personal Change Coach or call 313-759-7855 to set up your one-on-one session!



Real Talk: Kiss and say goodbye

By James Ford
Founder of the Obama Weekend



DETROITERS speak out at the police commissioners' meetings every Thursday at 3pm at 1301 Third Street and call ahead at 313-596-1830 to see if the site has changed. Come early to get on the docket. You can also use zoom. To sign up for public comments

visit <https://app.smartsheet.com/b/form/d26fa38cc5e94a018836d065000714ce>.

Good people we need cameras that take license plate recognition pictures, not facial, and send the citation to the vehicle

owner of the vehicle that blatantly ran a red light.

There are 669,000 people in the city, but if we don't don't do something soon about people running red lights, there will only be 669. People will leave the city. Auto insurance companies will raise rates or refuse to insure. We will lose our tax base, and out of city relatives, might stop coming to see you. Also you will be spending more time at the morgue and hospital identifying people.

Concerned people help by sending one paragraph explaining your disgust about this blatant red light running to Email REALGOODPRESIDENT44@gmail.COM - or PO Box 14494 DET 48214. Call James Ford at 586-918-3061. Remember this is not facial recognition. This is license plate recognition.



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