

# DETROIT

# NATIVE SUN

## A Father's approval

By Evelyn M. Bingham  
SUN COLUMNIST & POET



I believe most people, have been fortunate enough to have had a father or a father figure as they were growing up. It doesn't matter what your gender or even whether you were gender identifiable, the fact is, you had a dad, a father, a poppy, a grandfather, uncle, brother or had someone, equally respected and loved, and whose approval meant everything!

I can only imagine the void, which would have to be real and ever present in a child's life, and the emotional trauma and damage that the lack of a loving, supportive, encouraging, affirming father figure or surrogate could be. I know men who have fathered children, as well as some who have not, but who have all had the love and approval as well as the mentoring of a strong and positive male as they were growing up. Now that they are adults, who are older, wiser, more established, they still maintain their desire to mentor and to give back to our youth in ways which may exceed the care and attention they themselves received!

Any child, male or female, who has the physical presence of a father, but not the emotional loving bonding experience, will be forever damaged and harmed by this lack of real acceptance, creating feelings of unworthiness, which will be nearly impossible to rectify without future counseling. Female children will be forever participating in an elusive search for love, affirmation and approval in all the wrong places. Young boys will feel a deep sense of hurt, not feeling that they measure up to the masculine norm, don't fit in or are not accepted, sometimes leading them to misguided, negative promises of finding a place of acceptance or approval, through gang life.

Nothing, quite takes the place of a young child seeing the love and approval in the eyes of their beloved dad, or his smile. It is imperative that this close relationship be developed in the life of a

child, and especially a male child very early on, well before age five, for it is by this age that a young boy develops his masculinity through observation and example. He must receive this gift of acceptance, respect, pride, love and approval in order to feel a sense of inclusion and wholeness and self worth. It is equally vital in a young girls life, for it is her interaction, one on one with her hero/dad that cements in her mind, how women should be treated and serves as a barometer for her future male/female personal relationships. If she has only observed and felt love, respect, and encouragement, then she will grow up knowing and feeling her self worth and confidence and will in no way settle for disrespect and abuse of any type as she approaches maturity! Growing up without the presence of a loving masculine example at home will be very difficult, making it seem to the child as though an important piece to their puzzle of life is missing, making it vital for healthy development, that a loving surrogate be available!

The need for parental acceptance and approval never leaves us, no matter how old we become, especially the fathers approval. It never occurred to me before, but could it be that we feel safe and confident in our mothers love, but somehow feel that our fathers love, pride and approval must somehow be earned? Too often, some people spend a lifetime consciously or unconsciously seeking that nod, or wink of pride, that att boy, or pat on the back which says, Good job, I'm proud of you.

Think of how often you personally, or have observed others, glance into the stands at a game or competition hoping to see that special person. It happens at skating competitions, basketball, baseball, other sporting events, spelling bees, talent shows, academic tryouts, school graduations and anywhere else where accolades are in order.

Many times, I have observed participants in sports games, talent competitions, graduations etc. who have made it a point to dedicate their performance, their win, or their accomplishment to the memory of a deceased parent, family member, friend or mentor, knowing within their hearts, that they had loving, unconditional approval!

with his favorite treats and make his day extra sweet.

Deliver a basket of hot sauce and cold drinks: Spice up this Father's Day with an assortment of gourmet hot sauces and cool down with a wide selection of craft beers and beverages, including Kroger Fizz Sparkling Water and Kroger Real Brewed Raspberry Tea. Choose two of dad's favorites for the ultimate fire and ice combo. Fill up his tank: Surprise dad by filling up his gas tank for a change and all the times he has doled out gas money.

Surprise dad with a gift card: Whether dad wants new golf shoes or a new toolbox, treat dad to choose his own Father's Day present with a gift card. Kroger offers a wide selection of gift cards from hundreds of stores, allowing dad to choose his favorite while earning 4X fuel points from June 4-17. No matter the gift, be sure to complete the celebration with a greeting card expressing a heartfelt message.

Find even more Father's Day inspiration at Kroger's blog, The Fresh Lane brimming with grill out recipes, party essentials and even more gift ideas for dad.

Shopping at Kroger, customers will see lower prices on more than 1,000 items across the store in addition to everyday low prices and more than \$600 in digital coupons available each week. With Kroger's Fresh & Quality Guarantees, customers never have to compromise high-quality for low prices.

## Fatherhood: God's exclusive gift to men

By Evangelist B. Colbert Brooks  
SUN COLUMNIST



"And ye fathers, provoke not your children to wrath, but bring them up in the nurture and admonition of the Lord." Ephesians 6:4 is a message from God to the fathers of the world on their temperament and disposition toward their children. The Lord warns them not to provoke their children to anger, lest they grow to be hard and angry men.

A man's charge is heavy in this life as God has commissioned him to be a strong and steadfast protector and provider. Along with these attributes, he is to also be kind, gentle, and humble. While women have been ordained to be the facilitators of life, blessed to bring another living being into this world, God has appointed men to be the head of the family, responsible for sustaining and positively cultivating that life, anchored in the fear and admonition of the Lord. He shall not only be a father in title, he is to also be a father in deed.

However, as the enemy would have it, so many variables and obstacles can come along, all designed to destroy humanity starting with the man, who is the head, and trickling down to the child even while still in the mother's womb. The result bringing men to "provoke" the wrath of their sons and daughters with anger, abuse, or absenteeism. The stifling of a father's provision, protection, or even his presence, is the stifling of his love toward his children. One of the greatest lies ever told is the concept that a man's role in creation can be limited to simply siring a

child, and no more is required of him. How can something that is an essential ingredient become an optional ingredient? When the father is absent from the home or from the child's life, there will always be a deficit challenging the emotional, psychological, and often the physical wherewithal of the child. This deficiency will be felt in some way or another all the days of their lives. The minimization of the father's role in the life of his child is a lie straight from the pit of hell. Yet, as surely as the devil is the father of lies, God is the Father of truth, and His truth shall always prevail.

Impressively, society has started to give fathers increasing recognition and tribute. Father's Day has now become a holiday that is celebrated as zealously as Mother's Day, whether it's the abstract standards set by today's liberal society, or traditional in lockstep with the Word of God. Nevertheless, it is still one giant step for mankind.

Celine Dion, sings the most impressive accolades to her father in "Because You Loved Me" She delivers a particularly moving performance as she sings praises to her father for being her "eyes" when she couldn't see, her "arms" when she couldn't reach, her "mouth" when she couldn't speak, and that she is "everything" she is because he loves her. Although her praises were to an earthly father, they shall be even more applicable to the Heavenly Father. For there are many who may not know their natural father, absent from their lives for whatever reason. But the Father God has not only dictated the attributes of fatherhood for the human father, He sets the living example Himself for all His creation, provoking praises that profess every day as Fathers Day from here to eternity and forevermore.

P.S. Happy and Blessed Father's Day!

## Embracing the Goddess Within:

The future is now

By Adonna Smith AKA Goddess Godis  
SUN COLUMNIST



You have entered a doorway into to a new dimension in time. You carry within you the seed for the future. The seed is vision for a greater experience of yourself and your life.

In order for you to give birth to that seed you must nurture it by thinking about it and by Meditating on it every day. Your thoughts are prayers. You must also must visualize it. Because your Vision is Magnetic, you must also speak about it, because your words shift energy, create movement and create change. You must also be willing to Transform yourself. You must be willing to do and become whatever God is showing you in order to birth that seed and bring that vision into your physical reality

Even while living in the midst of a world filled with darkness, chaos, anger and despair, you must be willing to nurture and give life to that seed, that Vision, and that precious gift that God has given you, it is the only way that you can maintain and increase the Light within

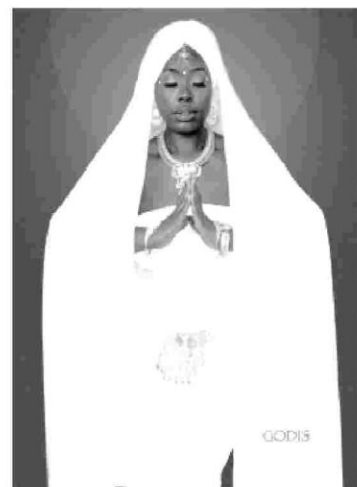
you. The seed holds within it the Blueprint for your future.

The seed also embodies within your souls growth and evolution. It is the change that you hunger for in silence. It is a spiritual awakening, a resurrection and a rebirth to becoming the greatest version and highest vision of yourself. It

is all a part of a master plan, a sacred contract and an agreement that you made with God. Once the veils of illusions of this world were lifted, you would see the truth and would choose to no longer be a victim and a slave to the desires and the beliefs of an ungodly world. but you would become a powerful co-creator with God and you would give birth to the future, the seed, the vision that

has been implanted within you and you would bring to life your piece of heaven to earth.

Goddess GODIS is a Detroit Spiritual Artist who is dedicated to using her gifts as a photographer, garment designer, writer and speaker to document, celebrate and inspire the emergence of the Goddess within women of great spiritual beauty and wisdom who knows that she is a daughter of God. She is in touch with her creative and spirit to contact GODIS email GODDESGODIS@yahoo.COM.



## Make Father's Day extra special with Kroger

PRNewswire/ -- The Kroger Co. (NYSE: KR), America's grocer, today shared how customers can celebrate dad with random acts of kindness leading up to Father's Day. From a delicious meal on the grill to a basket of hot sauce and cold beverages, dad deserves the extra love and appreciation this holiday.

"We can all agree dads deserve more than a single day of recognition, so we're sharing all the ways to celebrate the special guy ahead of Father's Day," said Mary Ellen Adcock, Kroger executive vice president and chief merchant and marketing officer. "This Father's Day, Kroger is here to help honor and give thanks to all the dads in our lives by surprising and delighting him with his favorite things."

Brighten up dad's week leading up to Father's Day with these simple, yet meaningful ideas:

Grill up a delicious meal: Fire up the grill and invite family to celebrate dad with a grill out. Find inspiration for sauces, sides, fresh meats and desserts on Kroger's blog, The Fresh Lane, including grilled corn recipes, a homemade bourbon BBQ sauce and even a meat calculator.

Pick up donuts for dad: Make Father's Day extra special with a wide selection of donuts from Kroger's bakery. From classic glazed yeast donuts to indulgent Boston cream-filled mini donuts, surprise dad