

DETROIT NATIVE SUN

UNITING & ENLIGHTENING THE COMMUNITY

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The instrument

By Evelyn M. Bingham
SUN COLUMNIST & POET



There are many definitions or meanings for the word Instrument, see how the word defines itself in your mind. These are some of the many complex meanings: A tool, implement or devise, or by other terminology such as utensil, apparatus, contrivance, gadget, contraption, appliance, gizmo, or mechanism.

A tool or devise, used for a particular purpose, especially: A tool or device designed to do careful and exact work, or precision work. A devise, of a multitude of various types used to produce music, as well as the human singing voice. A means, whereby something is achieved, performed, or furthered, as in one used by another, as a means or aid. An implement, one designed for precision work, a formal legal document (such as a deed, bond, or agreement), a measuring device for determining the value of a quantity under observation, an electrical or mechanical device used in navigating an airplane, ship other type of vessel.

What is an instrument? How is it used? How to become one? Are you an instrument??

The instrument

Lord, mold us into instruments
Of every interest, persuasion, talent and skill
Make us knowledgeable, of our purpose
And may we be obedient, to Your, will!

May we know our importance, as an instrument
That we're to be used, for what is right
Sometimes, we achieve our common good through tenderness and empathy
And other times, by negotiation, compromise or might!

May we be like putty, in the skilled hands of the potter
Crafted, created, perfected and intended, to be an instrument,
to spread unity, love, and trust
And, we point the finger, and wonder why someone else's instrument has failed
While we are allowing, through misuse or apathy, our own instrument to rust!!
- Evelyn M. Bingham © 01/28/2019

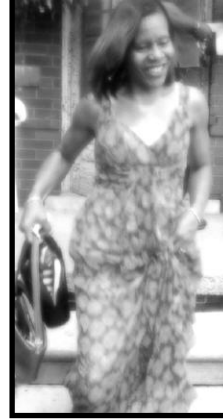
This word, instrument, appeared in my mind today, as all of my subject matter for my writings do, and I know immediately that this thought, is different, and to stay tuned and put a marker on the thought, for I know from experience, that this word or idea is to be the inspired topic of an upcoming, written revelation, and it is not my job to question or wonder why, but to be obedient and to just transcribe!

At first thought, I would say that an instrument, is a tool, made to be used by someone who has the knowledge and the power to use it. The instrument, in itself, has no intent, power, or purpose and unused, will behave as any other inanimate object. Unless, something or someone is used for a specific purpose, its full value and power will not nor cannot be realized to its fullest extent.

We can choose to look at each instrument, object or person, as a gift, a gift which when given or received must be used and appreciated. An instrument must be used to fulfill its purpose, or its creation will be wasted! Think of all the magnificent musicians, vocalists, actors, scientists, and ordinary people, who each day, do extraordinary accomplishments, simply because they are using themselves and their talents, as God given instruments, thereby; seeking to present the best of themselves, in the hope and intent of making our world a better place!

Women unchained

By Evangelist Barbara Colbert
SUN COLUMNIST



From the creation of Eve in the garden of Eden, women have been an integral part of shaping the history of mankind. In early creation, women were treated as less than chattel, bartered for, herded, oppressed and prohibited from voting or even public speaking. Yet, defying the odds,

courageous and determined women who, despite the oppression and blatant discrimination, persevered and succeeded in rising above it all to become icons in American history.

Sarah Breedlove, known as Madame C. J. Walker, was an entrepreneur, philanthropist and political activist. Madame C. J. Walker was the wealthiest African American self-made businesswoman in America in 1919. She was one of six children of enslaved parents, who developed and owned her own hair care products business, known as the Madam C. J. Walker Manufacturing Company. She was a generous donor to many charities and funded organizations and agencies to help other black Americans gain education and opportunity in the early 1900's.

Mildred Fay Jefferson was the first African American woman to graduate in surgery from Harvard Medical School in 1951. Doctor Jefferson was one of the first known advocates who spoke out against abortion and was instrumental for her work as president of the National Right to Life committee.

Mary Eliza Mahoney born during slavery times, became the first African American woman to study and work as a professionally trained nurse in the United States. Nurse Mahoney was a pioneer challenging discrimination against African Americans in the nursing profession. In 1908, Mary Eliza Mahoney co-

founded the National Association of Colored Graduate Nurses with Adah Belle Samuels Thoms, another trailblazing African American woman who prevailed in the nursing profession in early 1900.

Marie Maynard Daly was the first black American woman in the United States to earn a PhD in chemistry at Columbia University in 1947.

Barbara Ross Lee, the sister of actress and songstress, Diana Ross, earned her degree in Osteopathic Medicine from Michigan State University College of Osteopathic Medicine in 1973. Barbara Ross Lee was the first African American woman to become a Dean of the New York College of Osteopathic Medicine.

Women of all nationalities have made great strides in achieving fame and fortune as entrepreneurs, educators, aviators, physicians, politicians, great entertainers and even serving in the armed forces, all boldly pronouncing to a world that said, "No you can't", an indisputable "Yes I can!"

There are also women who may have never left the homestead, but were instrumental in raising their sons and daughters to become great achievers in life. There are many great leaders who have paid earnest homage to their mother, to whom they contribute their moral constitution, accomplishments and ultimate successes.

Women are still making history today. From those who are forever in the limelight, such as our illustrious former first lady Michelle Obama, to those who serve behind the scenes working within the layman's arena on the homefront, balancing roles of wife, mother, career woman or homemaker. Some who may never make the front page news, or even be written in the annals of history, but are women who in some way or another, contributed to the history of our nation.

Songstress, Helen Reddy's song says it all, "I am woman, hear me roar, in numbers too big to ignore. Oh yes, I am wise, but it's wisdom born of pain. Yes, I've paid the price, but look how much I gained. If I have to, I can do anything. I am strong. I am invincible. I am woman."

Celebrating those who run the world - Women

By Melody Thompson
SUN COLUMNIST

In this month's issue, we celebrate the people who run the world, WOMEN. We basically do it all and are expected to look good doing it.

Women are lawyers, teachers, accountants, artists, models, aestheticians, architects, engineers, you name it and we do it. These women have amazing attributes which they bring to their careers and I applaud them heartily for doing it. Ladies, the only thing I can say is this, keep up the good work and try to find some time for that glass of wine. Never forget to work on all of the things you deserve and everything that a woman should have.

The following are quotes by Pamela Redmond Satran:
A woman should have enough money within her control to move out and rent a place of her own even if she never wants to or needs to.
A woman should have something perfect to wear if the employer or date of her dreams wants to see her in an hour.
A woman should have a youth she's content to leave behind.
A woman should have a past juicy enough that she's looking forward to retelling it in her old age.
A woman should have a set of screwdrivers, a cordless drill, and a black lace bra.
A woman should have one friend who always makes her laugh and one who lets her cry.
A woman should have a good piece of

furniture not previously owned by anyone else in her family.

A woman should have eight matching plates, wine glasses with stems, and a recipe for a meal that will make her guests feel honored.
A woman should have a feeling of control over her destiny.
Every woman should know how to fall in love without losing herself.
Every woman should know how to quit a job, break up with a love and confront a friend without ruining the friendship.
Every woman should know when to try harder and when to walk away.
Every woman should know that she can't change the length of her calves, the width of her hips, or the nature of her parents.
Every woman should know that her childhood may not have been perfect but it's over.
Every woman should know what she would and wouldn't do for love or more.
Every woman should know how to live alone even if she doesn't like it.
Every woman should know whom she can trust, whom she can't, and why she shouldn't take it personally.
Every woman should know where to go to her best friend's kitchen table or a charming inn in the woods when her soul needs soothing.
Every woman should know what she can and can't accomplish in a day, a month, and a year."

For more information, ideas or questions contact us at forveggiesake@yahoo.com.

Nominate everyday heroes for the 2019 Roslyn S. Jaffe Awards

PRNewswire/ -- ascena Foundation is proud to announce that the 2019 Roslyn S. Jaffe Awards nomination period is officially open. ascena Foundation, a charitable organization established by ascena retail group, inc., is built on making a meaningful difference in the lives of others.

The Roslyn S. Jaffe Awards Program, now proudly in its sixth year, aims to empower and provide financial support to the organizations of three everyday heroes who are making the world a better place for women and/or children through innovative and entrepreneurial social reform, specifically in the areas of health, education, leadership development, and self-esteem. The Grand Prize winner organization will receive a grant of \$100,000 and the two Runner-Up organizations will each receive \$25,000 grants to use toward furthering their organizations' work.

"Providing fashion and inspiration for all women and girls to live confidently every day is at the heart of what we do," says Roslyn S. Jaffe, Co-Founder of dressbarn and Secretary & Director Emeritus for Life of ascena retail group, inc. "Through the awards, we recognize incredible women who are leading organizations that are committed to supporting women and children."

A trailblazing female entrepreneur, Mrs. Jaffe began her career in 1962. As a working mother, she recognized the need for a convenient one-stop-shop that offered value-based and fashion-forward wardrobe solutions for busy women like herself. It was then that Mrs. Jaffe opened the first dressbarn store in Stamford, CT, eventually growing it into ascena retail group, inc., a multibillion dollar collective of brands, The

Roslyn S. Jaffe Awards honor the lifelong contributions of Mrs. Jaffe and her legacy, representing her belief, 'when life gives you lemons, make lemonade.'

Mrs. Roslyn Jaffe alongside her daughter, Elise Jaffe, and an esteemed selection committee with expertise in women's causes, public affairs, health and education will select the three winners based on five criteria: their organization's impact on low-to middle-income women and/or children in the U.S., use of innovative and entrepreneurial approach, scalability, and ability to leverage the funding and visibility of winning the Jaffe Awards to grow, as well as the ability of the winning organization to create and advocate their mission.

Winners of the Roslyn S. Jaffe Awards are all exemplary organizations, each positively impacting women and/or children in low- or middle-income circumstances, both in their local communities and nationwide.

All Jaffe awardees, finalists and top applicants will have access to HERCentral, a nurturing and vibrant online community for all Changemakers to find inspiration, support, and guidance from others.

A luncheon to honor the winners of the 2019 Roslyn S. Jaffe Awards will take place on October 24th at Cipriani 42nd Street in New York City. To begin the entry process for the 2019 Jaffe Awards, eligible participants must first be nominated (by themselves or another). All nominations must be submitted by May 15, 2019. Nomination forms will be available in-store at most Ann Taylor, LOFT, Lou & Grey, maurices, dressbarn, Lane Bryant, Catherines and Justice locations or online at www.jaffeawards.com.